



**ARHF**  
 Amma Resonance Healing Foundation

# Ebola Manual

## Amma4Africa Guide to Treating and Preventing Ebola

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### PC Resonances for Effective, Safe and Low-Cost Treatment

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**Important notice:** The PC Resonance discussed in this manual does not replace effective conventional medical treatment. It can be used as complement to conventional treatment and at times where conventional treatment is unavailable or ineffective.

### Table of Contents

1	Introduction.....	2
2	Homeopathy and Epidemics .....	2
3	PC Resonances.....	3
5	Amma Resonance Healing Foundation .....	3
6	Preparation of a PC Ebola Master Bottle.....	4
6.1	Steps to create a PC Ebola Master Bottle .....	4
6.2	Precautions.....	4
7	How to Prepare PC704f for a Patient.....	4
7.1	If Master bottles are not available to prepare a bottle for a patient .....	5
8	How to Dose PC704f.....	5
8.1	For dropper bottles – 5-5-5 (5 bangs, 5 drops, 5 seconds).....	5
8.2	For water bottles – 5-1-5 (5 bangs, 1 teaspoon, 5 seconds).....	5
9	Dosage in Acute Ebola .....	6
10	Prevention of Ebola using PC704f.....	6
11	How to Order PC704f.....	6
12	More to Read and Study .....	6

## **1 Introduction**

Homeopathy has a great track record of treating epidemic diseases. This curriculum is designed to provide knowledge on how to treat and prevent Ebola in Africa and other countries. The PC Resonance PC704f is tailor-made designed for Ebola. PC Resonances are a new advance in homeopathy and work in an effective, rapid and mild way, without side effects and with the lowest possible costs.

This curriculum can be used by homeopaths and non-homeopaths  
A lot more information on the theory and practice of PC Resonances can be found in the book 'Homeopathy for Diseases' by the same authors (see [www.homeolinks.nl](http://www.homeolinks.nl)).

Fully trained medical doctors can use this manual to treat their Ebola patients. Nurses and health care workers and actually any volunteer can safely prevent Ebola using the same PC Resonance.

PC Resonances have been used with great success for over 10 years for other epidemic and infectious diseases like HIV/AIDS, Malaria, TB, Bilharzia and Hepatitis. Based on the same technology used to develop the PC Resonances for these other infectious diseases, a specific PC Resonance has been designed for Ebola. At the time of writing this manual the authors had no experience in using it yet, but the Amma Resonance Healing Foundation nevertheless decided to make PC704f available because of the following reasons:

1. Currently there are no other options for treating or preventing Ebola
2. The experience in treating ten-thousands of people with PC Resonances for other epidemic diseases in Africa, mostly HIV/AIDS and Malaria is very positive
3. The experience of preventing Malaria in about 7,000 children and adults with the same PC Resonance that is used to treat Malaria is very positive
4. As PC Resonances contain no chemical substances they are completely safe and free from side-effects and can therefore also be used by babies, pregnant women and elderly people
5. PC704f can without any negative interference be combined with any other form of therapy

## **2 Homeopathy and Epidemics**

In the 20<sup>th</sup> century conventional medicine developed enormously and, due to the discovery of penicillin, saw a dramatic improvement in its treatment of epidemics. As a result the potential of homeopathy in the treatment of epidemics became neglected and homeopaths instead devoted themselves primarily to the treatment of individual chronic diseases. Due to increased levels in general health and sanitation in Europe and America outbreaks of epidemic diseases decreased in these areas. Whereas, in Africa and other developing countries with the exception of India, until recently, homeopathy was unknown and epidemics like malaria and TB take millions of lives each year.

Despite millions of dollars spent on the development of medicines for epidemic diseases and on strengthening the health systems in developing countries, these epidemics rule as never before. Despite many advances, the idea that conventional modern medicine would soon put an end to all diseases has proved to be based on false hope. This realisation motivated many to search for other ways of dealing with health and disease. As a result, there was a revival of traditional medicine with

renewed respect and a consideration of complementary medicine including homeopathy. Instead of looking at the different systems of healing as competing adversaries it is time to see where they can complement each other for the benefit of humanity.

### **3 PC Resonances**

In homeopathy the process of medicine preparation usually starts with a primary substance derived from an animal, plant or mineral source. This substance is diluted in alcohol then goes through a technique known as 'potentisation', a progressive process of dilution and succussion (shaking with impact) during which any toxic elements are eliminated and the curative potential amplified. The water stores and 'remembers' the information from the crude substance at a subtle level and in higher potencies does not retain a single molecule of the original substance, rather it holds an 'energetic imprint'. The end product is a medicine which, through homeopathic resonance, has the potential to stimulate the immune system and restore health.

The technology for making PC Resonances has evolved from the way homeopathic medicines are usually made. Using the same technology, disease specific PC Resonances have been prepared for a variety of other epidemic diseases, again based on an analysis of the totality of the symptoms belonging to each of those diseases.

The possibility of treating a disease with a designed PC Resonance that matches the disease totality is a further development in homeopathy and combines the advantages of homeopathy (high safety/no side effects) and pharmacology (disease specific treatment). Thus, in epidemics, few case-taking skills are needed to prescribe and follow up.

In this new technology putting information directly into water creates the homeopathic resonance and no substance is ever involved. This means that similarly to high homeopathic potencies, the resonances created using this new approach do not contain a molecule of substance in contrast to conventional pharmacology.

To make a PC Resonance, a special non-physical thought form device is used to synthesise the information about the disease based on the core essence and psychological and physical information (the totality or essence) that crystallises this into one pattern totality. This is imprinted onto water. It works on an informational and energetic level only. There is no physical component to the information imprinted onto the water.

With this new technology, as in homeopathic medicine in general, we work by stimulating the immune system to strengthen its response by inducing an artificial disease, as homeopaths call it, which resonates with the patient's disease.

With PC Resonances there is no obvious mechanism for side effects and the authors have not witnessed any in several hundred carefully monitored cases. Nor have any other observers reported any.

### **5 Amma Resonance Healing Foundation**

Peter Chappell has donated the rights concerning PC1 and other PC Resonances essential for Africa and other developing countries to the Amma Resonance Healing Foundation, a not-for-profit organisation.

ARHF provides PC704f and other PC Resonances to individuals and clinics in Africa and other developing countries for free or at cost price, depending on the situation.

The ARHF does research into the efficacy of the treatment of AIDS and other epidemics with PC Resonances, and aims to present and publish the results.

The ARHF can do this work thanks to donations it receives.

## **6 Preparation of a PC Ebola Master Bottle**

PC704f is being made available as granules (small dry pellets). With epidemic diseases many people may need treatment, so it is important to work effectively and efficiently. It is therefore recommended to prepare a PC Ebola Master Bottle from granules as instructed below. From this Master Bottle you can prepare a bottle for a patient (see below). Don't worry about diluting the remedy. PC Resonances contain healing information and just like with the news, spreading information does not reduce the amount of it in any way. The process of dynamisation (banging the bottle – see below) ensures that each dose is as powerful as the granule from which it was originally derived.

### **6.1 Steps to create a PC Ebola Master Bottle**

- a. Fill a 10-50 ml dropper bottle with clean mineral water and at least 20% ethanol [Or use a local strong liquor and mix 50% liquor with 50% water].
- b. Add 2 granules of PC704f.
- c. Close the bottle and let it stand for 15 minutes.
- d. Label the bottle PC704f.
- e. Bang the bottle 5 times on a wooden surface (or semi hard surface such as a book cover) and it is ready to be used.

### **6.2 Precautions**

- a. The contents of a bottle must remain crystal clear.
- b. Never put any liquid back into the bottle.
- c. Do not touch the opening and always close it properly.
- d. If the contents are not clear, it is contaminated and you need a fresh bottle.
- e. If a Master bottle is empty only prepare the same remedy in it in the same way as described above.
- f. Keep the remedy out of the sun and extreme heat.

## **7 How to Prepare PC704f for a Patient**

- a. Either take a dropper bottle (10-50 ml or more) and fill it with still mineral water or take a 250-500 ml plastic bottle of still mineral water, or fill a clean bottle with clean water that has been boiled and then cooled down.
- b. As the bottle will only be used for a short time and if saved at a cool place, there is no need to add ethanol.
- c. To increase shelf life: if available and no problem for the patient use 80-90% water and 10-20% medical alcohol or a local liquor.
- d. Bang the PC Ebola Master Bottle 5 times on a wooden surface and put 5 drops into the bottle for the patient.
- e. Label the bottle PC704f, date, and patient's name.
- f. Then bang the bottle 5 times and the PC Ebola Dispenser Bottle for the patient is prepared for use.

### **7.1 *If Master bottles are not available to prepare a bottle for a patient***

- a. Use a sealed 250 or 330 to 500 ml bottle of still mineral water.
- b. Open it and pour out 10-20% of the content.
- c. Put 2 granules into the bottle.
- d. If properly stored and used this gives at least 3 months shelf life.
- e. If available and no problem for the patient add 10-20% medical alcohol or liquor to increase shelf life.
- f. Leave the bottle standing for 15 minutes until the granules start to fall apart.
- g. Then bang the bottle on a wooden surface or a book five times and it is prepared for use.
- h. Tear off the original label and label the bottle PC704f, date, and the patient's name.

## **8 How to Dose PC704f**

### **8.1 *For dropper bottles – 5-5-5 (5 bangs, 5 drops, 5 seconds)***

- a. Before giving a dose bang the bottle on a book or a wooden surface 5 times to activate and then immediately put 5 drops into the mouth (make sure the dropper does not touch the mouth).
- b. Keep the drops in the mouth, under the tongue, for at least 5 seconds before swallowing.
- c. Do not contaminate the bottle by putting any liquid back.
- d. If more comes out than intended just give it all. To overdose is not possible.
- e. Never touch the opening of the bottle with the fingers or mouth or by drinking directly from the bottle and always close it properly.
- f. If the water is not clear it is contaminated, no longer active, and a fresh bottle must be made.
- g. PC Resonances are safe for pregnant women, babies, small children, older people and those using other medication.

### **8.2 *For water bottles – 5-1-5 (5 bangs, 1 teaspoon, 5 seconds)***

- a. Before giving a dose, bang the bottle on a book or a wooden surface 5 times to activate and then fill 1 teaspoon and put that into the mouth.
- b. Keep the fluid in the mouth, under the tongue, for at least 5 seconds before swallowing.
- c. Do not contaminate the bottle by putting any liquid back.
- d. If more comes out than intended just give it all. To overdose is not possible.
- e. Never touch the opening of the bottle with the fingers or mouth or by drinking directly from the bottle and always close it properly.
- f. If the water is not clear it is contaminated, no longer active, and a fresh bottle must be made.
- g. PC Resonances are safe for pregnant women, babies, small children, older people and those using other medication.

## 9 Dosage in Acute Ebola

In an acute infection, a diseasing micro-organism is having such an impact on the human organism that all its time and energy is used to overcome it. To support the immune system and to stimulate the self-healing response, a dose of PC704f needs to be repeated regularly.

The repetition schedule depends on how acute and how serious the condition is.

- In the acute state PC704f can initially be given every 10-30 minutes: five drops (or 1 teaspoon) after banging the bottle five times, and keep at least for five seconds in the mouth before swallowing.
- As soon as the patient starts to respond to the PC Resonance and his/her condition improves the time between doses can be prolonged.

In the case other homeopathic remedies are indicated and available, these can safely be combined with PC704f.

## 10 Prevention of Ebola using PC704f

Besides the usual preventive measures for Ebola, using the following prevention protocol is recommended as long as the epidemic is active:

- Twice daily one dose

## 11 How to Order PC704f

PC704f can be ordered by contacting the ARHF at [info@arhf.nl](mailto:info@arhf.nl)

## 12 More to Read and Study

The following book can be ordered at [www.homeolinks.nl](http://www.homeolinks.nl):

- Peter Chappell. *The Second Simillimum* – A Disease-Specific Complement to Individual Treatment, Homeolinks Publishers, Haren (the Netherlands) 2005

The following manual can be downloaded for free at [www.arhf.nl](http://www.arhf.nl):

- Peter Chappell & Harry van der Zee, Amma4Africa Manual – Basic Guide to Treating Epidemic Diseases, Trauma and Chronic Diseases, ARHF 2014

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